

LIQUID MIND XIV  
SIMPLICITY



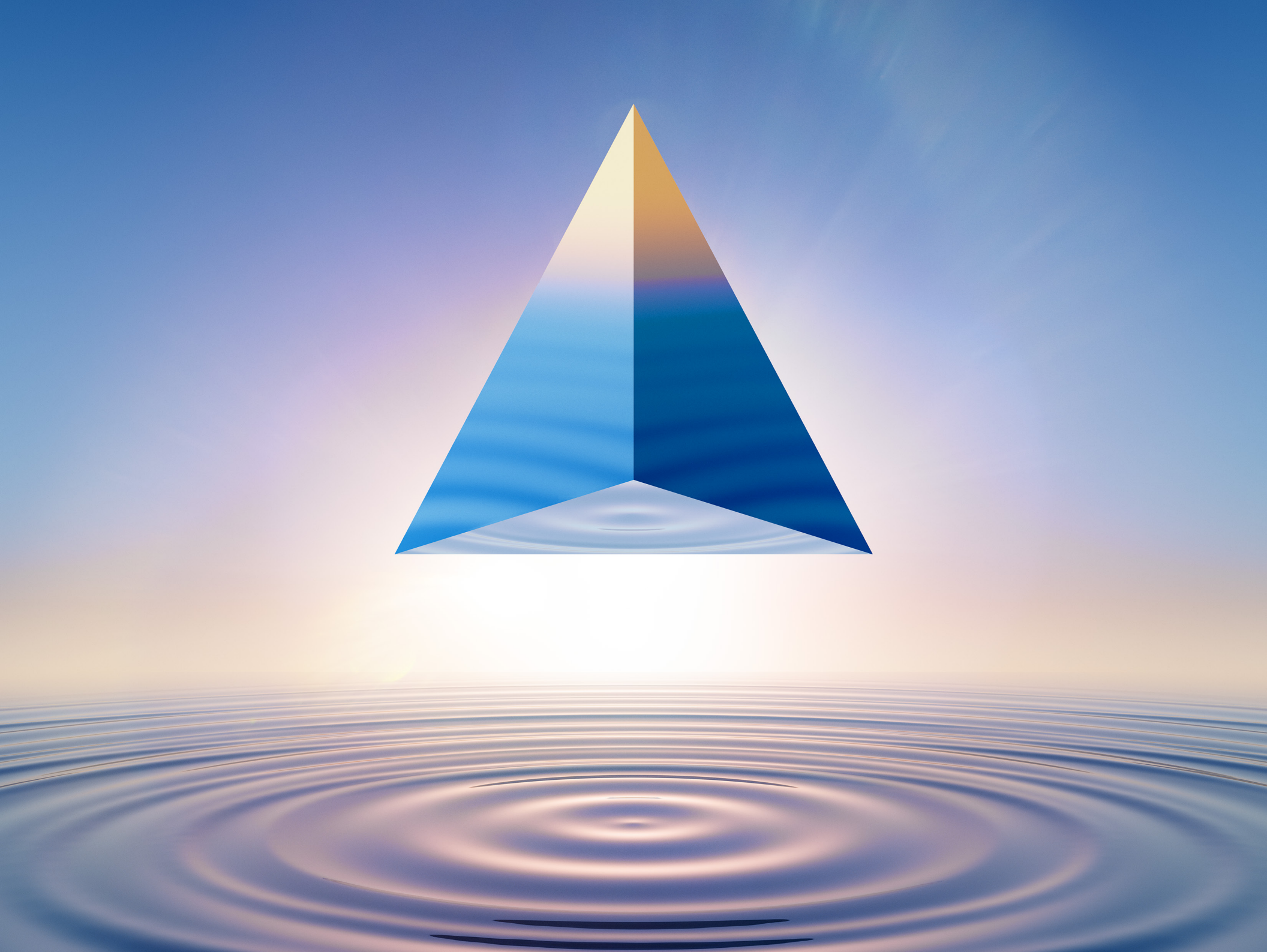
TRANSCENDENCE	10:50
FROM MY HEART TO YOURS	8:09
SIMPLICITY	7:34
THE CHILD IN ME	12:09
IN THE MOMENT	8:03
HYMN FOR PEACE	7:14
A GENTLE RAIN IN MY SOUL	9:56

TOTAL TIME: 63:57

COMPOSED AND ARRANGED BY CHUCK WILD

CO-PRODUCED, RECORDED AND MIXED BY  
CHUCK WILD & JONATHAN MAROZIK

ADDITIONAL PROGRAMMING: JONATHAN MAROZIK  
DIGITAL ILLUSTRATIONS, ART DIRECTION & DESIGN: GLEN WEXLER  
MASTERING: JOE BOZZI AT BERNIE GRUNDMAN MASTERING



## FROM THE ARTIST

*I have just three things to teach:  
Simplicity, patience, compassion.  
These three are your greatest treasures.*

-Lao Tzu

Since its inception, the album titles of the Liquid Mind series have reflected my own journey to health, and *Liquid Mind XIV: Simplicity* is no exception. In our interconnected e-world, distractions can be frequent. However, time is our most valuable asset, and in order to honor what's important to me, I've learned to more carefully choose how I spend my time.

In this regard, two things have helped me: Meditation for a deeper perspective on my life's priorities, and having the courage to simplify my life to honor the principles and priorities I value.

I'm deeply grateful for your support of Liquid Mind for so many years, and my heartfelt thanks to those who contribute their talent to this series, and to those of you who have encouraged me to continue this journey. A reminder: As my music appears to deeply relax some folks, please do not listen while driving or operating machinery of any kind, and drive safely at all times!

In love and gratitude,

**Chuck Wild**

Los Angeles, California



# THANK YOU

## **My deepest gratitude to family, friends and collaborators both near and far, both past and present:**

Seven, Jonathan, Bea and Roberta Swedien, Will and Roin, Dr. David J. Walker with me in spirit always, dear Sally, Andy, Melissa, A.J., Jimmy D., Barb E., Michèle and Harry, Bunny, Anindo, Paul F., Rick O., Dr. Hovsep Babayan, Lois W., Frank Marshall, J S Kingfisher, Tony B, my wonderful composition teacher Steve Rothstein, Suzanne Doucet for her guidance for so many years, friend and visionary photographer Glen Wexler for creating the many beautiful covers of the Liquid Mind® series, and Terence Yallop and Karen Kael, whose steadfast devotion to healing music for many years has benefitted our world in so many ways. Special thanks to Dr. Mike Vasilomanolakis for being on the front lines of the pandemic, and to Michelle Saifer for her sound advice. Thanks to MOTU for maintaining its software in the form of Digital Performer®.

Finally, I'm grateful for the hard work of Darren Blumenthal, Stephanie David, Philip Moross, Freddie Moross, Cory Schuelke, Tim Hegarty, Jan Mullen, and the staff of Cutting Edge Group/myndstream for expertly navigating our ever-changing digital landscape to bring Liquid Mind® to all those who can benefit from it.

## **Farewell dear family and friends, you will be missed:**

Cary Lee Jones, Sharon Smart, Talaine Smart, Commodore George Sargent Grove, USN, David Lasley, Ruth Thompson, and José Martinez. Thank you each and all for your smiles, your generosity of spirit and deed, and the love you brought to our world.



Chuck Wild photo: Seven Vanderpool





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Website Design: Melissa Messer messerdesign.com and Andy Markley Art101.com  
Vocal Samples courtesy of Spectrasonics “Symphony Of Voices”  
Rain samples under license from sounddogs.com

Omnichord on “The Child In Me” ~ Jonathan Marozik  
Vocals on “In The Moment” ~ A. J. Teshin, Michael S. Whitfield, Jimmy Demers, Chuck Wild  
Vocals on “Simplicity” ~ A. J. Teshin, Michael S. Whitfield, Jimmy Demers, Chuck Wild  
Vocals on “From My Heart to Yours” ~ A. J. Teshin, Michael S. Whitfield, Jimmy Demers, Chuck Wild  
Vocals on “Transcendence” ~ Chuck Wild

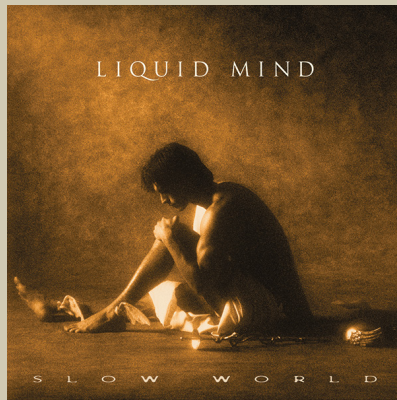
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**Disclaimer:** While research has indicated some music may have certain health effects like relaxation, Chuck Wild Records make no health claims whatsoever for the Liquid Mind® music. Based upon unsolicited feedback from thousands of listeners during the past three decades, the eighteen Liquid Mind® albums appear to be deeply relaxing to some folks (including their kids and pets).

**Warning: May cause drowsiness, use care when operating vehicles or dangerous machinery.**

MORE RELEASES FROM LIQUID MIND



LIQUID MIND II : SLOW WORLD



LIQUID MIND III : BALANCE



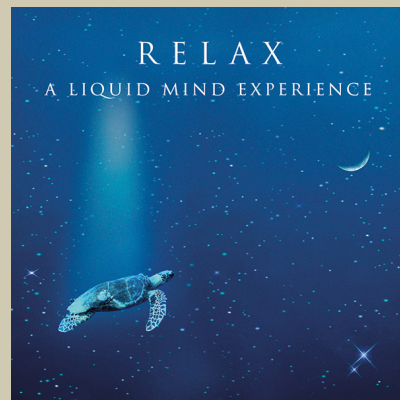
LIQUID MIND V : SERENITY



LIQUID MIND VI : SPIRIT



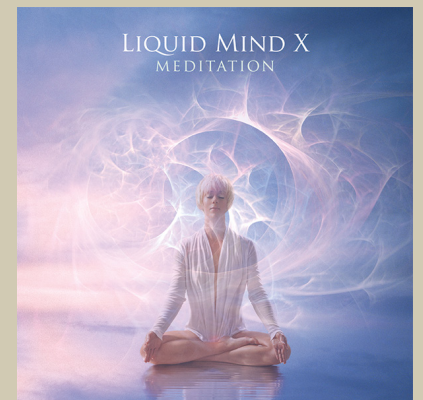
LIQUID MIND VIII : SLEEP



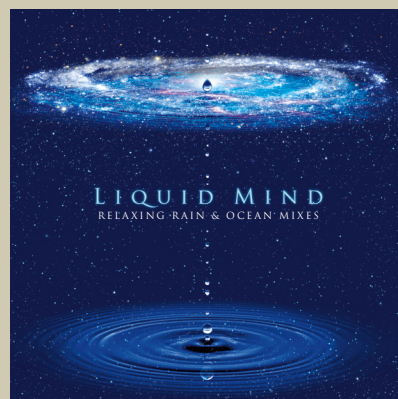
RELAX : A LIQUID MIND EXPERIENCE



LIQUID MIND IX : LULLABY



LIQUID MIND X : MEDITATION



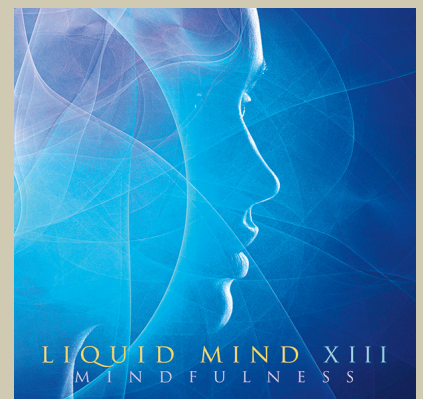
LIQUID MIND :  
RELAXING RAIN & OCEAN MIXES



LIQUID MIND XI : DEEP SLEEP



LIQUID MIND XII : PEACE



LIQUID MIND XIII : MINDFULNESS

*Beyond the teeming activity of our lives on beloved Earth lies a great eternal Silence.  
As we pause and listen, the Silence will speak. One of the wondrous voices is through the language of music.*

**-Terence Yallop**, founder of Real Music®



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